



Two eyes to look around

Two eyes to look around,
Two ears to hear each sound,
One nose to smell what's sweet,
One mouth that likes to eat.





About the rhyme

This rhyme introduces children to four of our five senses.

Activities

- Look in a mirror with your children. Point to the different parts of your face as you say the rhyme together.
- Invite your children to explore their surroundings using their senses. Gently ask them to be completely quiet and then ask, "What sounds do you hear?" Allow some time for them to answer. Repeat this by asking, "What do you see around you?" and "What can you smell?"
- Write a list together of all the things your children like to eat. Is there something on this list that you could make together at home? Do that – then enjoy eating it!

