




NgoMvulo soty' umvubo



NgoMvulo soty' umvubo.
NgoLwesibini soty' isibindi.
NgoLwethathu soty' ithanga.
NgoLwesine soty' iminwe.
NgoLwesihlanu soty' umhlelo.





Malunga nesicengcelezo

Esi sicengcelezo simalunga neentsuku zeveki. Sithetha ngokutya okuzawutyiwa ukusuka ngoMvulo ukuya kutsho ngoLwesihlanu. NgoLwesine, akukho nto yakutya – yiyo le nto isicengcelezo sisithi kutyiwa iminwe ngoLwesine, ngamanye amazwi lo mntu uhlafuna iinzipho kuba unexhala lokuba kazi ukutya kuyawuphinda kubekhona na, kubakhona ke ... ngoLwesihlanu!

About the rhyme

This is a rhyme about the days of the week. It talks about what food will be eaten each day from Monday to Friday. On Thursday, there is nothing to eat – that's why the rhyme says that fingers are eaten on Thursday, in other words, the person nervously chews their fingernails because they are worried about when there will be food to eat again, which there is ... on Friday!

Imisebenzi

- Ncedisa abantwana bakho babhale uluhlu lokona kutya bakuthandayo.
- Bavumele bakhethe into enye kolu luhlu. Bakugqiba, nikunye, yenzeni nize nibhale neresiphi yayo.

Activities

- Help your children to write a list of their favourite foods.
- Let them choose something to make from the list. Then, together, make it and write down the recipe.

