



Chop, chop

Chop, chop, choppity-chop,
Cut off the bottom,
And cut off the top.
What there is left we will
Put in the pot.
Chop, chop, choppity-chop.





About the rhyme

This rhyme refers to how we chop and prepare vegetables for cooking.

Activities

- Together with your children, walk around moving your arms like a chopping knife, saying, "Chop, chop, choppity-chop". Continue with these actions as you say the rhyme together.
- Encourage your children to collect some natural materials like sticks, leaves, stones and sand to use as pretend food. Let them use a bucket or another container (for example, an empty coffee tin) as a pot to cook their "food" in.
- Ask your children what they are cooking and then offer to write down the "recipe" of the food they are making. Let them see you writing. Say the words as you write them down.



PRAESA