

# Bharagwana, Bharagwana

Bharagwana, Bharagwana,  
Isibhedlel' esikhulu,  
Esanceda uS'dumo  
Ephuk' umlenze.

*"Sorry, S'dumo.*

Besidlala undize,  
Phantsi kwebhedi,  
Kasisi Meyi."





# Malunga nesicengcelezo

Esi sicengcelezo sithetha ngesiBhedlela iBaragwana, kwaye sisebenzisa abalingiswa bomdlalo wakudala kamabonakude othi *Sgudi Snice*.

## About the rhyme

This rhyme is about Baragwanath Hospital, using characters from an old TV sitcom, *Sgudi Snice*.

## Imisebenzi

- Buza abantwana bakho, "Ingaba wakhe waya esibhedlele okanye eklinikhi? Kwakutheni? Kwaye wawuziva njani?" Emva koko cela abantwana bakho ukuba nidlale ukundwendwela eklinikhi okanye esibhedlele.
- Yakha indawo kagqirha kunye nabantwana bakho. Sebenzisani amaphepha ukwenza amakhadi neencwadi zikagqirha. Ningasebenzisa iibhotile zeplastikhi namakhalibhodi ukunikeza ngamayeza. Nikunye ningenza uphawu olubonisa isibhedlele/iklinikhi.
- Ncokola ngeenombolo zeenkonzozo zoncendo olungxamisekileyo: "Zeziphi ozaziyo? Uyazazi iinombolo ekufanele uzifowunele?" Dwelisani iinombolo zeenkonzozo zoncendo olungxamisekileyo ze nizixhome/nizibeke kuloo ndawo nakube nigqibe ukuzibeka/ukuzixhoma kuyo.

## Activities

- Ask your children, "Have you ever been to a clinic/hospital? Why did you need to go? How did it feel?" Then invite your children to play "visiting the clinic/hospital".
- With your children create a doctor's corner at home. Use paper to create appointment cards and folders. Use empty plastic containers and boxes for dispensing medicine. You could even make a clinic/hospital sign together.
- Have a conversation about emergency services. Ask, "Which ones do you know? Do you know the numbers to call?" Together, make a list of emergency numbers and decide where to display the list so that everyone at home knows where to find it.

